



8天 建水孔庙/元阳梯田/越南沙巴/玉溪温泉游



第一天：新加坡-昆明

齐集樟宜机场达乘国际航班抵达昆明国际机场。抵达后专车接送您去享用午餐，之后前往昆明的市中心，参观**金马碧鸡坊**，**南屏步行街**自由购物。晚餐后送您前往酒店入住休息，缓解一天的疲劳。

第二天：昆明-建水

早餐后，出发前往建水，沿路欣赏滇南风景。午餐后，游览**孔庙**和**建水古城**，之后前往朝阳门品尝当地特色茶。

第三天：建水-元阳

早餐后乘车前往元阳参观**元阳梯田**，元阳梯田素有"甲天下"之美称。县境内 36 万多亩梯田遍布山山岭岭，其气势之磅礴，面积之广阔，堪称世界一绝。日出时，红霞满天，云雾滚动，婆娑竹影，身临其境，如入世外桃园；满坡的梯田，波光粼粼，金灿灿，亮闪闪，好似一架架直上云霄的天梯；日落时，山村、树林、牧童如同披着金黄的纱巾，千山万壑如诗如画。每逢冬春初，山峰、树木、房舍点缀绚丽多姿的茫茫云海，元阳县城也仿佛漂浮于茫茫云海之上，构成独特的云中奇观，之后乘车前往蒙自。

第四天：蒙自-越南沙巴

早餐后乘车前往今天的目的地，越南沙巴。我们将沿着山谷去往**苗族村**，沿途您将有机会看到当地村名在稻田里农作及村民饲养的家禽。在这里，您还会看到在 20 世纪早期由**法国人建造的水电站**。途经美丽的瀑布后抵达**新街**。新街村因黑苗族在此居住而被世人关注。在此参观黑苗族人居住的房屋，了解他们的织布染布以及日常作息。今晚入住沙巴酒店。

第五天：越南沙巴-蒙自

在酒店享用完早餐后，我们将回返蒙自。历史悠久，文化灿烂。蒙自，是云南建县最早的 24 个千年古县之一，在云南近现代史上占有重要地位，清末民初曾是云南省对外贸易的最大口岸，当时云南 80% 以上的进出口物资通过蒙自转运。我们今天将参观的是当年法国所遗留下来，云南的第一个**邮政局**和**外国银行**。之后送往酒店。

第六天：蒙自-玉溪

抵达玉溪后享用午餐，送往酒店，**别墅温泉酒店-印月塘**。剩余的一天我们将享受在花园式的环境里，有开放式的 28 种温泉浴，比如**贵妃浴**、**死海浴**、**酒浴**等等。

第七天：玉溪-昆明

早餐后乘车前往中国最大的深水型淡水湖泊，珠江源头第一大湖-**抚仙湖**游览。午餐品尝抚仙湖的**铜锅鱼**，**铜锅饭**。午餐后在乘车返回昆明。抵达昆明入住酒店。

第八天：昆明-新加坡

早餐后驱车前鲜花市场自由购物。之后前往机场达国际航班放回新加坡温暖的家。

最后，希望您能满意人人旅游为您安排的旅行线路，并衷心祝福您度过一个美好的旅行假期。

(最终确认行程以当地旅行社确认及航班时间为准)



8 Days Yuanyang Agriculture Terrace and Enchanting Sapa Spa Tour

YuanYang Agricultural Terrace – There are about 360,000 terrace farms here. Its magnificent scenery is breath-taking. During sun-rises, the crimson sun rays filled the area making it look like a heaven on earth. During sun sets, the entire place seems to be engulfed in gold, making it look like a beautiful piece of artwork.

FuXian Lake – This beautiful lake is on a mountain and almost covered with clouds. Within this lake is a hill. Its moniker, “a lake within a mountain and a mountain in a lake” tells it all.

SAPA - Embark on a lovely trek that will take along buffalo paths and trails and through several hill tribe villages Lao Chai and Ta Van, home to Black H'mong and dzay people. This is an absolutely spectacular walk through stunning scenery inhabited by some of the valley floor you can really appreciate the wonderful scenery surrounding you. The walls of the valley are covered with multi-layered rice terraced fields.

XUYI SPA - Yuxi is distributed with spas of various sizes. In adjacency, there are various spas in all scales on Daying Street in Hongta District of Yuxi City. Yingyuetan Spa is one of the famous spas. Far away, there is Zaojie Spa of Jiangchuan County, Luosipu Spa, Dalongtan Spa in Eshan County, Hot Water Pond in Chengjiang County, Warm Water Pond in Tonghai County, Hot Spring in Meiyun Lao'ao Village in Yimen County, Xiangbi Spa of Huaning, etc.

Itinerary:

Day1: Singapore → Kunming (Breakfast/Lunch/Dinner)
==> Changi Airport ==> KunMing ==> Golden Horse & Jade Chicken Board

Day2: Kunming-Jianshui (Breakfast/Lunch/Dinner)
==> Confucius Temple ==> JianShui Ancient City

Day3: Jianshui-YuanYang (Breakfast/Lunch/Dinner)
==> YuanYang Agriculture Terrace ==> MengZi

Day4: MengZi- Vietnam Sapa (Breakfast/Lunch/Dinner)
==> Lao Chai ==> Ta Van ==> Lao Chai

Day 5: Saba-Mengzi (Breakfast/Lunch/Dinner)
==> Old French Post Office and Bank

Day 6: MengZi-YuXi (Breakfast/Lunch/Dinner)
==> Spa Hotel

Day 7: YuXi-Kunming (Breakfast/Lunch/Dinner)
==> FuXian Lake ==> Kunming

Day 8: Kunming → Singapore (Breakfast/Lunch/Dinner)
==> Flowers Market

Finally, we hope you had an enjoyable trip with **REN REN TRAVEL**.

Remarks:

Sequences and timings of itinerary are subject to change without prior notice.

In case of any discrepancy between the English and Chinese itineraries, the Chinese version is deemed correct.